



# Community Influenza Shot Clinics: October and November 2009

The best protection against the influenza (flu) virus is the flu shot. To help you and your family stay healthy this season, Northwest Community Hospital's Healthy Aging/Senior Services is hosting flu shot clinics in your community.

A flu shot is free for those who have Medicare B coverage and Rail Road Retirement Insurance and can present their card. For all others, including those with PPOs, HMOs and Private Fee for Services insurance, a flu shot will cost \$20 per person. **Only cash and checks are accepted at the NCH flu shot clinics.**

## Influenza Shot Clinics in Your Community.

Clinic times are tentative until 48 hours before the date of the clinic. Times may change if vaccine supply is depleted.

### Walk-In Clinics

#### Buffalo Grove Village Hall

50 Raupp Boulevard, Buffalo Grove  
Saturday, Oct. 24: 9 – 11:30 am

#### Our Saviour's Lutheran Church

1234 N. Arlington Heights Road, Arlington Heights  
Saturday, Nov. 14: 9 – 11: 30 am

### Appointment-Only Clinic

#### Wheeling Township Community Center

1616 N. Arlington Heights Road, Arlington Heights  
Thursday, Oct. 22: 9 am – 1 pm

*Appointments can be made beginning Oct. 5 by calling 847.259.7730. Scheduled by Wheeling Township.*

### Flu shots for children:

- The Center for Disease Control recommends flu shots for all children 6 months of age and older.
- Children ages **3 – 9 years** require a physician's order for a flu shot that also indicates if the child has received a flu shot before.
- Children ages **6 – 35 months** will not be given a flu shot at these clinics, but appointments for a flu shot can be made at one of the three NCH Treatment Centers (Buffalo Grove, Lake Zurich and Schaumburg) by calling 847.618.3700.

### The Center for Disease Control also recommends flu shots for the following individuals and their caregivers:

- All individuals 50 years of age and older.
- Children and adults with high-risk medical conditions, including chronic disorders of the lungs or heart, asthma, diabetes, kidney disease, immune system problems or HIV infection.
- All women who are pregnant during the influenza season (consult with your physician before receiving a flu shot).
- Household contacts and caregivers of all high-risk individuals listed above.
- Healthcare workers and individuals providing essential community services.
- Any person who wishes to reduce the likelihood of becoming ill with influenza.

For up-to-date influenza clinic information, Center for Disease Control guidelines and information about H1N1 inoculations, call the **Community Flu Shot Hotline at 1.847.618.4FLU (4358).**