JANUARY MENU

Dine in or carry out a delicious dinner for only $5 in the NCH Oasis Cafeteria. This special is available for seniors every Tuesday from 5 - 6:30 p.m.

Tuesday, January 7
- Italian Sausage and Fennel Manicotti, Grilled Pork Tenderloin, or Deli Sandwich
- Choose Two Sides: Green Beans Parmesan, Café Roasted Potatoes, or Garlic Breadstick
- Includes Small Fountain Drink or Small Coffee

Tuesday, January 14
- Sautéed Chicken Marsala, Pizza Slice, or Deli Sandwich
- Choose Two Sides: Sautéed Spinach, Toasted Orzo, or Roast Yukon Gold Potatoes
- Includes Small Fountain Drink or Small Coffee

Tuesday, January 21
- Chicken Parmesan, Pizza Slice, or Deli Sandwich
- Choose Two Sides: Linguine with Parsley, Cafe Roasted Potatoes, or Steamed Broccoli & Cauliflower
- Includes Small Fountain Drink or Small Coffee

Tuesday, January 28
- Braised Beef Brisket with Caramelized Onion, Pizza Slice, or Deli Sandwich
- Choose Two Sides: Parslied Red Potatoes, Ginger Braised Asparagus, or California Mixed Vegetables
- Includes Small Fountain Drink or Small Coffee

Menu subject to change at any time

Location: Oasis Cafeteria
Northwest Community Hospital
800 W. Central Road, Arlington Heights
Please enter at the Main Entrance (#4) of the hospital