

2024 Community Health Implementation Strategy

Social Determinants of Health

Social determinants of health greatly impact the health and wellness of individuals in our community. Research shows that income, housing, education, diet and employment have a direct correlation to a person's health status. NCH recognizes this and is committed to incorporating strategies to address these factors in its Community Health Implementation Strategy.

BEHAVIORAL HEALTH

PRIORITY

1

1. Screenings and Assessments
2. Referrals
3. Treatment

DIABETES (Including Obesity, Nutrition, Food Insecurity & Physical Activity)

PRIORITY

2

1. Access to Healthy Food
2. Preventative Screenings/Counseling/Treatment
3. Access to Physical Activity

CANCER

PRIORITY

3

1. Screening and Referrals
2. Education
3. Survivorship

CHRONIC DISEASE (HEART DISEASE, STROKE, HIGH BLOOD PRESSURE)

PRIORITY

4

1. Screenings and Education
2. Support
3. Treatment

ACCESS TO CARE

PRIORITY

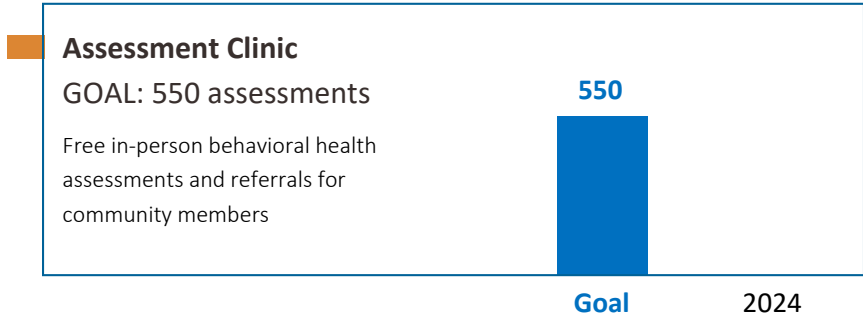
5

1. Access to Primary/Specialty/OB Care
2. Access to Oral Health Services
3. Access to Prescription Medication

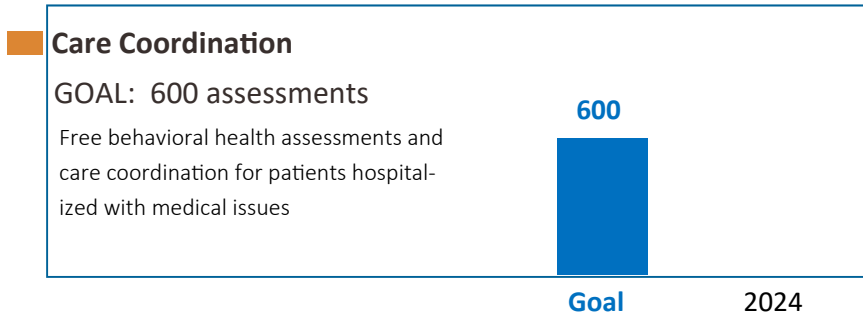
The Community Health Implementation Strategy was approved by the NCH Community Health and Outreach Committee of the Board on August 23, 2023 and presented and approved by the full NCH Board of Directors on August 28, 2023.



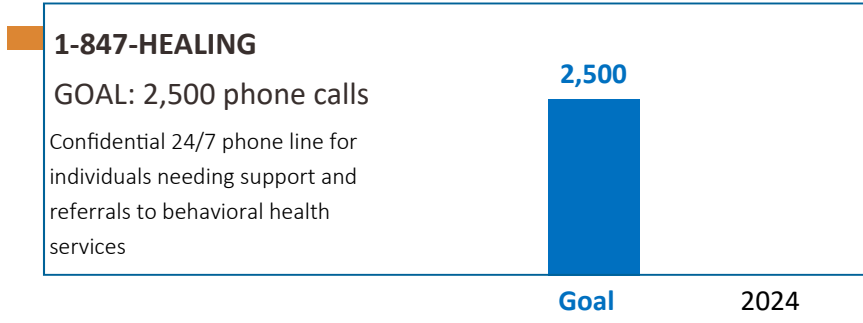
1 BEHAVIORAL HEALTH



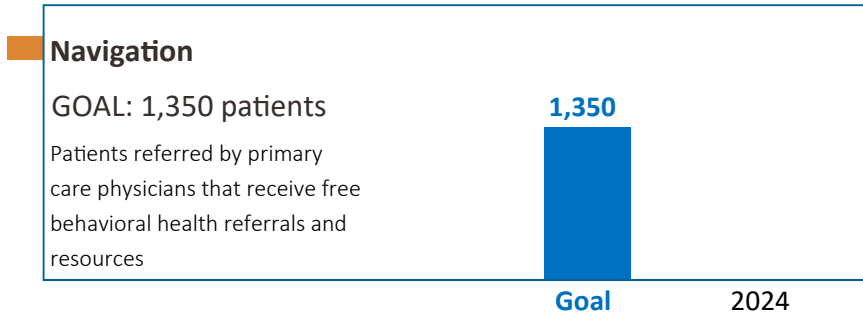
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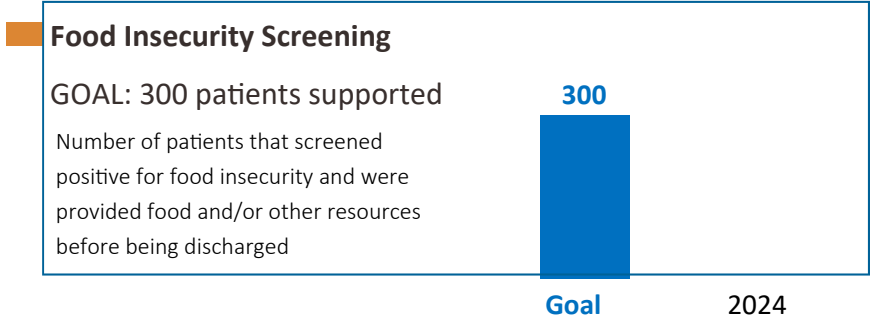


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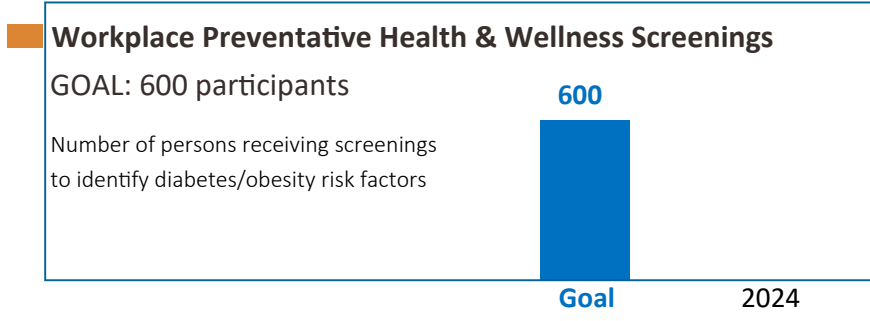


In addition to the initiatives noted above, NorthShore has awarded the Kenneth Young Center a **3-Year \$600,000** 2023 Community Investment Fund Award. This grant will enhance mobile behavioral health crisis response, providing safe and accessible and 24/7 mental health services, navigation and follow-up.

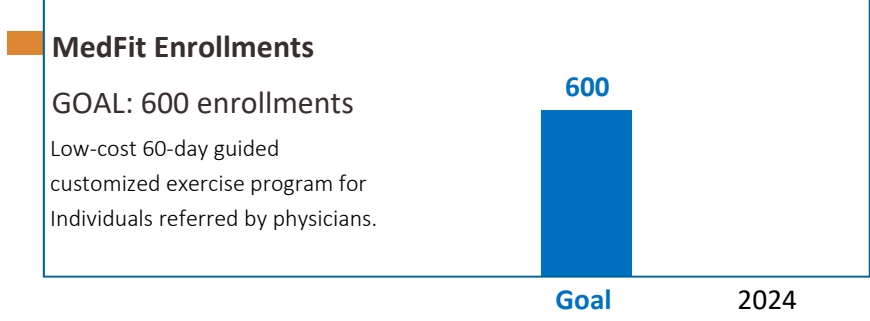
2 DIABETES (Nutrition, Obesity, Food Insecurity, Physical Activity)



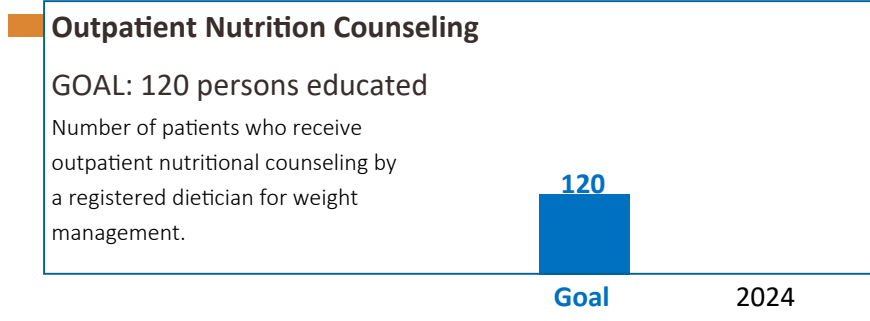
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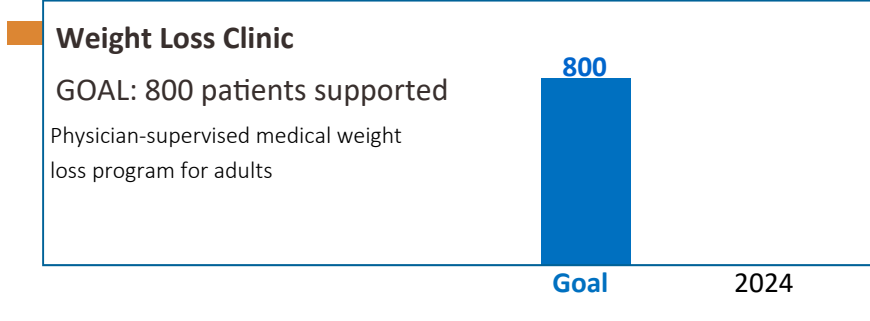
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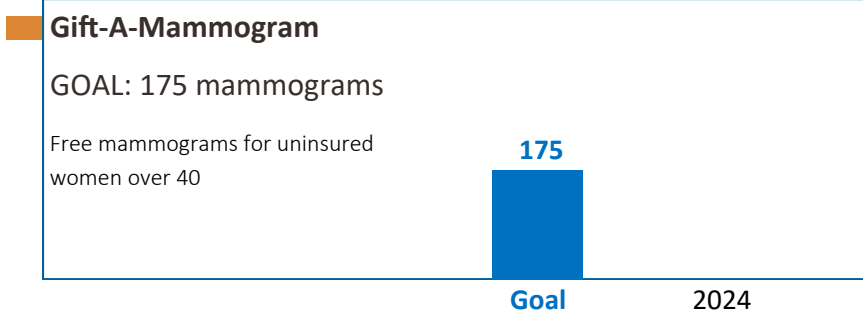


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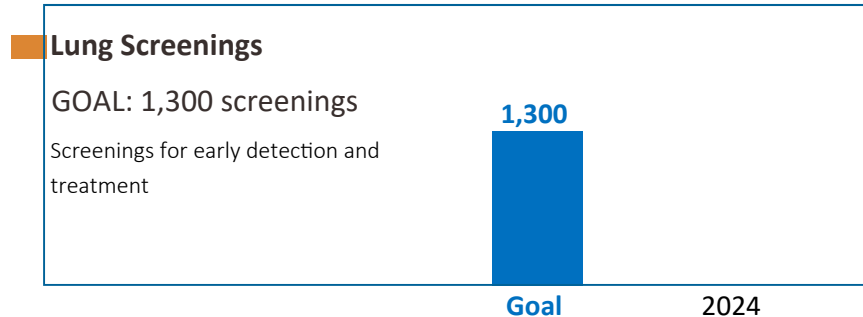


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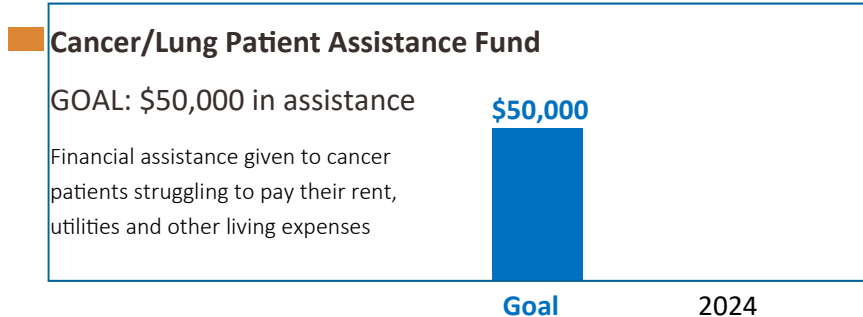
3 CANCER



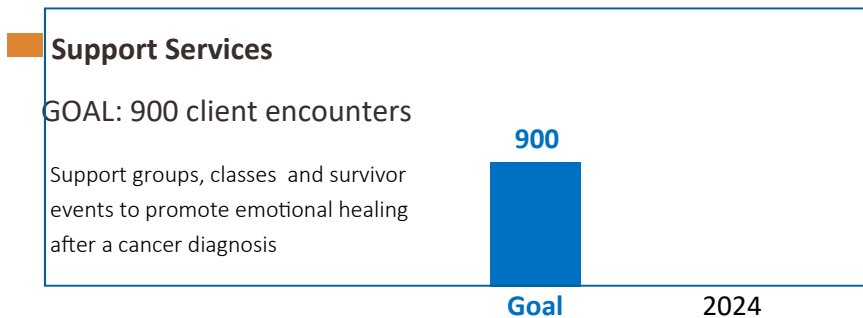
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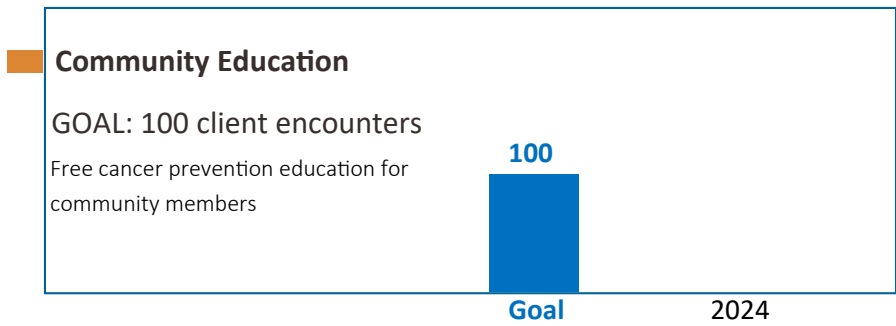
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PROGRAM COST

4 CHRONIC DISEASE (HEART DISEASE, STROKE & HIGH BLOOD PRESSURE)

Stroke Support & Risk Assessments

GOAL: 250 Encounters

Support group encounters to promote emotional healing after diagnosis and risk factor assessments and education to identify and prevent stroke



250


Goal 2024

PROGRAM COST

Blood Pressure Monitoring

GOAL: 800 Encounters

Individuals who are self-reporting their blood pressure readings through MyChart for monitoring and assistance



800


Goal 2024

PROGRAM COST

Patient Navigation

GOAL: 650 encounters

RN Navigator assists patients in the community with chronic care management and education



650


Goal 2024

PROGRAM COST

Atherton Outpatient Clinic

GOAL: 2,000 patient visits

Support for individuals with congestive heart failure



2,000


Goal 2024

PROGRAM COST

Cardiac Rehab Program

GOAL: 300 patients

Comprehensive cardiac rehab exercise and education program to improve heart health and reduce CV risk

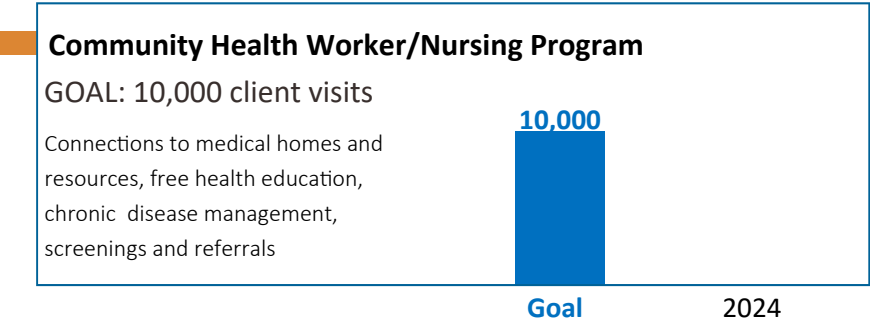


300

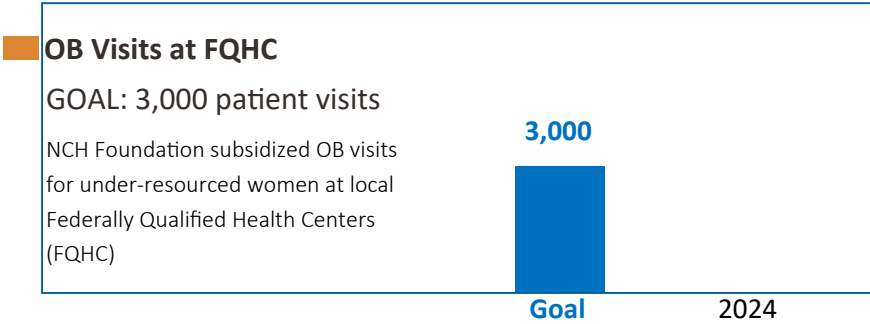
Goal 2024

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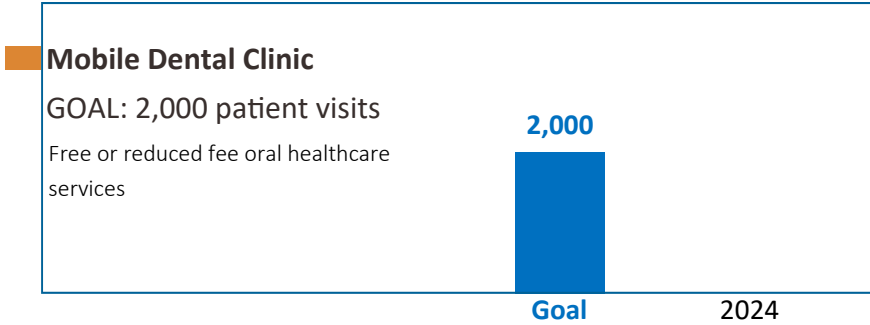
5 ACCESS to HEALTHCARE



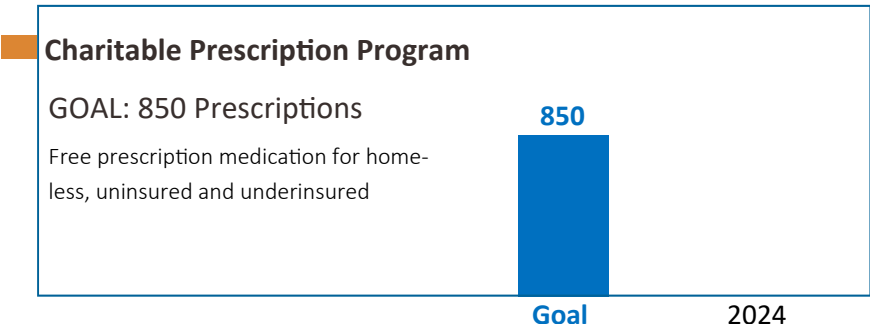
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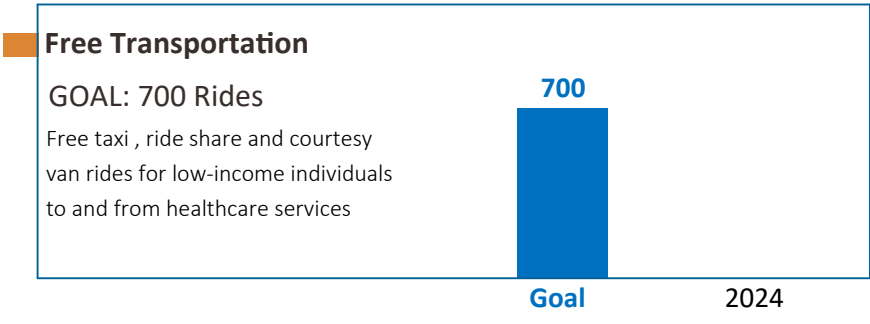
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Additional Priority Area Addressed through Community Partnerships

ABUSE, NEGLECT & INTERPERSONAL VIOLENCE

Includes Domestic/Community Violence and Child/Elder Abuse

Addressed through partnerships with:

- Bridge Youth and Family Services
- CAC (Children's Advocacy Center)
- Catholic Charities
- FIND (Family Involvement Nurturing Development)
- Maryville Academy
- Northwell Collaborative (Healthcare/gun violence)
- POC (Partners for Our Communities)
- NWCASA (Northwest Center Against Sexual Assault)
- Shelter Inc.
- WINGS (Women In Need Growing Stronger)

Additional Priority Area-Long Term Requiring A Community Collaborative Approach

HEALTHY AGING

Includes Access to Affordable Housing, Aging in Place (remaining in your home), Access to Care & Prescription Medication, Alzheimer's/Dementia

NCH recognizes that its service area is comprised of many older adults and wants to work collaboratively with other organizations to address their unique health and wellness needs. In June 2023, NCH joined the "Community Wrap Around Committee" facilitated by Catholic Charities, which is dedicated to supporting older adults.