

Behavioral Health Center

Visitor Information

nch.org

Visitation and Family Group / Therapy Guidelines

- All visitors must sign in at the reception desk and receive a visitor's pass.
- Visitors must have a picture ID and the patient password.
- All visitors must be 18 years and older. Visitors under 18 must have an NCH physician's order.
Children 17 years and under cannot be left unattended in the lobby.
- Two visitors per patient on the unit at a time.
- Appropriate attire – gang, sexual and drug/alcohol-related slogans are not allowed.
- Patient belongings, such as clothing, must be given to a unit staff member.
- No items of any kind should be handed directly to a patient at any time.
- Personal belongings are not allowed on the unit during visitation or family therapy.
 - No weapons, sharp objects, lighters or matches
 - No alcohol or drugs, including prescription, over-the-counter or illegal substances
 - No hats, coats, handbags, purses or backpacks
 - No food or beverages
 - No electronics – cell phones, tablets, laptops, gaming devices, cameras, recording devices, etc.
 - No pillows, blankets, flowers, toy/games or stuffed animals
- This is a non-smoking campus. Smoking is not allowed on the grounds.

Visitor Hours

Adult Unit - BH2 North	(847) 618-4130
Tuesday and Thursday	7:00 p.m. - 8:00 p.m.
Sunday	1:00 p.m. - 2:00 p.m.
Generations/Geriatric Unit - BH2 South	(847) 618-4180
Tuesday and Thursday	6:15 p.m. - 7:15 p.m.
Saturday and Sunday	1:00 p.m. - 2:00 p.m.
Adolescent Unit BH3 North	(847)618-4110
Thursday - Parent Support Group	6:00 p.m. -7:00 p.m.
Thursday - Multi Family Group	7:00 p.m. - 8:00 p.m.
Thursday - Visitation	8:00 p.m. - 8:45 p.m.
Saturday and Sunday - Visitation	1:00 p.m. - 2:30 p.m.
Residential Unit - BH3 South	(847)618-2700
Wednesday	7:00 p. m. - 8:30 p.m.
Saturday - Al-Anon Meeting	9:15 a.m. - 10:15 a.m.
Saturday - Family Education Program	10:30 a.m. - 11:45 a.m.
Holiday Hours will vary for each unit. Please contact unit staff for details.	

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What to Bring

Patients are asked to limit the amount of personal belongings on the unit due to lack of space and to avoid loss. Only three complete sets of clothes are needed, not including sleepwear. Socks/slippers will be provided by the unit. We will not store or switch out clothing. Washers and dryers are on each unit and patients will be responsible for washing their own clothing with staff supervision. Laundry detergent will be provided.

- Sweatpants with elastic waist (no drawstrings), pants
- T-shirts (no satanic, music/concert, sexual, gang, alcohol or drug-related messages or pictures), sweatshirts (no drawstrings or hoods)
- Underwear, brassieres, Pajamas (no drawstrings)
- Glasses, glasses case, contact lenses, contact cases and solutions
- Hearing aids (and batteries), walker, wheelchair, CPAP machine
- Postage stamps and stationary
- Notebook for journaling (without metal or plastic spiral binding), soft cover books or magazines (no staples)
- School books and homework
- We will provide hygiene products. However, you may bring your own unopened shampoo/conditioner and feminine products. Adults over the age of 18 may bring makeup (no glass or mirrors).
- Prescribed skin care (will be kept at the nurse's station)
- Hair brush/comb and or a non-metal hair pick

What Not to Bring

Personal items considered contraband are defined as anything that could provoke or create an unsafe environment. Please do not bring items of high value. The following items are inappropriate and not allowed on the Inpatient Unit:

- Alcohol, drugs, tobacco and tobacco paraphernalia, including lighters/matches, electronic cigarettes, chewing tobacco, etc.
- Medications – prescription or over-the-counter
- Glass or ceramic items (i.e., mirrors, bottles, vases, photographs in frames)
- Electronics/electrical appliances (i.e., hair dryers, radios, TVs, clocks, cell phones, cameras, tablets, headphones)
- Sports equipment
- Craft supplies (i.e., balloons, needles, yarn, paint, glue, hooks, sewing kits)
- Musical instruments
- Belts, cords or drawstrings
- Knives, scissors, razors and blades
- Perfume, nail polish and nail polish remover
- Plastic bags or covers
- Personal food or beverages
- Jewelry (i.e., watches, rings, earrings, necklaces and body piercings)
- Ripped or torn clothing
- Clothing with alcohol, drug, gang-related or sexual content, logos, picture, sayings or graphics deemed inappropriate by staff
- Cargo pants or shorts, short shorts (shorts are allowed, provided they are not above mid-thigh)
- Clothing with spikes, safety pins or any other type of sharp object
- Shoes, shoelaces, hats, coats, scarves, bandannas or sunglasses
- Hangers
- Hoodies
- Tank tops (unless worn under another shirt)
- Pillows, blankets, towels or stuffed animals

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