

NCH WOMEN'S CENTER VIRTUAL TOUR

- **For any admission to Labor and Delivery, please come through the Emergency Department. You do not have to check in there, but someone will be there to help you get upstairs to Labor and Delivery.**

- **All of our units are locked to get in and out for infant safety.**

- **Labor and Delivery**

-Please wear a mask, have your I.D. and insurance card available when you check in.

-Once in a room, you will be placed on the monitors and the nurse will check your vital signs.

-A report will be given to your doctor and a plan will be made.

-For laboring patients will have

-Labor Balls -Rocking Chairs

-Peanut Balls -Squatting Bar

-Telemetry monitoring (can walk around)

-Please have a Pediatrician picked out prior to delivery.

-We have 24 hour anesthesia and neonatology (from Chicagoland Children's Health Alliance).

-There is a couch/recliner for the support partner to sleep on.

-Once your baby is born, they will go to your chest for skin to skin contact, after delayed cord clamping; unless it is medically necessary to evaluate the baby sooner.

-During Recovery:

-Skin to Skin -Weight/Length -Photos

-I.D band on baby, mom & support partner

-Vital Signs (Mom & Baby)

-Vitamin K and Erythromycin ointment given

-Breast or bottle feeding initiated

-Typically last 2 hours then transferred to Women & Infants Unit (5S)

- **Women & Infant's Unit is one floor above Labor and Delivery**

-Mom and baby stay together to learn feeding cues and bond.

-We practice delayed emerging bathing and the first bath is done typically after 8 hours.

-Obstetrician and Pediatrician will come visit daily.

-Lots of teaching happens here so you will be prepared to go home.

-Hearing screening, photos and car seat test are done before discharge.

-You must have your own car seat to bring your baby home.

-Vaginal Birth stay is 24-48 hours; C-Section is 48-96 hours.

- **Neonatal Intensive Care Unit**

-We have a level III NICU, which is the highest level in the state.

-We have a partnership with The Chicagoland Children's Health Alliance.

-All rooms are private with bed for parent.

-We have twin rooms so they can be side by side.

-Ideally your baby will not need to be here but if they do they will receive great care.

Thank you for choosing NCH.
We look forward to caring for
you and your family.